

**FREDERICK COUNTY COMMISSION ON AGING MINUTES  
URBANA SENIOR CENTER  
March 8, 2010**

<b>DOA MEMBERS</b>	<b>DOA STAFF</b>	<b>EXCUSED</b>	<b>UNEXCUSED</b>	<b>GUESTS</b>
Earl S. Beck, PhD	Susan M. Ramsburg Recording Sec	Margaret Nusbaum	Millard Haines	
Rae Ann Butler	Carolyn True		Stephen Wilhide	
Cristina Donahue- Taylor				
David Gray, Comm				
Lloyd Hoover				
Diane Julian				
Jim Judd				
Ona M. John Kile				
Carol Krimm, Alderman				
Louise Lynch				
Patricia McGill				
Burt Shawver				
Virginia Skelley				
Robert Wannemacher				

- I. **Call to Order – Louise Lynch, Vice Chair**, called the meeting to order at 11:00 am.

- II. **Welcome & Introductions** – Louise Lynch welcomed all attendees. She will be chairing this meeting today. Three new members were present so introductions were made around the room.
- III. **Approval of Minutes** – The minutes of the January 11, 2010 meeting were approved. All were in favor.
- IV. **Commissioner's Report** – Commissioner Gray commented that the budget process is continuing. Additional cuts have been proposed by the state legislature.

**Alderman's Report** – Alderman Krimm reported briefly that state legislative events are happening very quickly as it is the nearing end of the legislative session. Alderman Krimm also announced that safety issues pertaining to Route 15 are being addressed and some improvements have been already put in place with more features to be introduced in the near future. Future improvements include additional rumble stripes, visual narrowing of the road, and a possible access road from Route 15 to Hayward Road.

The U.S. census is one way to demonstrate how many seniors are in the area. Funding is based on these numbers so it is very important that everyone complete and return their forms.

- V. **Nominating Committee-Review of Candidates, Earl Beck** – The two candidates being recommended to the BoCC for continued membership on this Commission are Virginia Skelley and Stephen Wilhide. John Kile moved to accept the recommendation and motion was seconded by John Kile. All approved these recommended reappointments. There is still one vacant position that was not advertised. Belinda will check on the status of this position.

**Election of Officers, Earl Beck** – The Nominating Committee has proposed that Louise Lynch serve as Chairperson and Rae Ann Butler serve as Vice Chairperson. Earl moved to accept the recommendation. The motion was seconded by Lloyd Hoover. All approved the election of these individuals.

**USM, All** – All who attended agreed that the rally was better attended than in previous years. The DoA van was full with fourteen individuals attending from Frederick County. The show of delegates was more impressive than last year also. It would have been preferable to have more time with the delegates, but their time is limited during the legislative session. The fact that it is an election year could explain the delegate turnout. The Commission will need to remain proactive in communicating with all the delegates. There was more advertising of the rally done this year by the USM.

Ginny is still voting on behalf of this Commission when emails from USM are sent regarding bills. Anyone can view the list of bills being introduced at [mlis.state.md.us](http://mlis.state.md.us). You can also access the hearing schedule on this website. A next step for this Commission would be to have individuals go to the hearings and testify on legislation which strongly effect seniors. Showing up in large numbers can also have an effect on delegate decision making.

**Ideas for Action Steps for 2010, All** – We need to determine what the challenge is for the year. The Action Plan will go out with the minutes from this meeting. One of the things we need to address is who in the county has needs that are not being met. Montgomery County has made some progress in making the senior population a priority. Divisions, other than the DoA, have been tasked with helping older adults. The goal here should be to not duplicate what others in the community are doing. FCAA and some local churches have programs in place. Some main objectives should be to find out what is already in place, who is available for partnership, what are the barriers, and what would be the possible outcome of the effort. A work plan will need to be established with steps to be taken for the desired effect. One barrier is actually the seniors themselves. Some may be reluctant to accept help because of fear of losing home or their independence. Jim Judd shared his viewpoint on some possibilities. These will be included as a separate document with the minutes.

- VI. Discussion concerning representation of the CoA on the Affordable Housing Council, Louise Lynch** – The Commission needs a new representative/liaison for the Affordable Housing Council. The Council meets the second Monday of each month at 2:30. Pete Allen was the previous liaison and he is no longer a member of this Commission. There were no volunteers at today's meeting. Louise is requesting that everyone think it over and will anticipate a volunteer at next month's meeting.

**Next Senior Forum, RaeAnn Butler** – A follow-up senior forum would be a conflict for this Commission this year as it is an election year. It would be possible to work with another group who would be the sponsor for a forum. Raeann spoke to Ted Myerson (NARFE) and they are interested in collaborating with other organizations to host a forum for senior issues. Raeann will continue to encourage Ted to move forward with this project.

- VII. Director's Report – Carolyn True**  
One of the documents that was distributed was the Governor's Leadership in Aging Awards. The deadline is next week.

Carolyn reported that during the recent snow events staff and volunteers were able to keep in touch and help many senior clients via

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telephone. A partnership with the Sheriff's office ensured that seniors who needed help with shoveling were able to obtain services through supervised work release prisoners who had community service hours to perform.

Volunteer Income Tax Assistance preparers have been working at the seniors centers. These preparers will complete simple tax returns for seniors sixty and older with an income of \$49,000/year or less. Approximately fifty-five appointments are scheduled each week.

The Older Americans Act is up for reauthorization next year. This is a funding source for the DoA. Carolyn is currently working on gathering information and hopes that the federal government will update this Act to include current trends.

For a third year, the DoA will be partnering with Towson nursing students during their spring semester. The nursing students will be performing routine blood pressure screenings and doing some job shadowing with staff.

Staff presented education lectures on two different topics. Diabetes education and safe medication disposal information was presented at the senior centers.

Questionnaire Assistance Centers will be present at each of the senior centers with staff from the Census Bureau available to answer any questions or help with form issues or concerns about the 2010 census.

**VIII. Announcements, All** – No announcements were made at this meeting.

**IX. Adjournment** – The meeting adjourned at 12:10 pm.

Respectfully submitted,

Susan M. Ramsburg,  
Recording Secretary

Upcoming Dates:

April 12, 2010 - Commission on Aging, 1 pm at the Frederick Senior Center,  
Frederick, MD 21702

April 27, 2010 COA Executive Meeting, 1:00 pm at the Frederick Senior Center